Parents'/guardians’ checklist

☐ Provide the school with copies of the Canadian Diabetes Association Kids with Diabetes in Your Care Resource Kit.

☐ Complete the Kids with Diabetes information card in this booklet and give it to the school. Be sure to update this information annually and as needed.

☐ Notify the school regarding special needs or changes in your child’s health, lifestyle or diabetes management (e.g. typical signs and treatment of hypoglycemia, meal and snack times), emergency contact numbers, etc.

☐ Review school policies regarding diabetes.

☐ Educate teachers and other school staff about diabetes (especially the role of insulin, diet and exercise) and emergency actions for treating hypoglycemia.

☐ Encourage school administrators to have an in-service presentation for school staff about diabetes and the treatment of hypoglycemia and hyperglycemia.

☐ Ask the school to find a safe, hygienic and private space in the school for your child to do his/her blood glucose monitoring and insulin injections throughout the school day.

☐ Discuss the need for safe disposal of sharps, lancets and testing strips.

☐ Ask the school to find a safe place to store insulin, syringes and blood glucose testing supplies, as well as multiple places to store emergency food supplies (snacks).

☐ Provide information about local support and resources for the school, including contact information for the Canadian Diabetes Association.