Occasionally, there are times when no team members are available. It’s important to have a family physician or pediatrician that you can call if you need assistance during these times, especially for non-diabetes concerns. If your child is very unwell, please proceed to your local ER or call for an ambulance.

### Urgent situations

**Reasons to call:** illness with vomiting or diarrhea and difficulty in managing blood sugars; high blood sugars with ketones not decreasing; severe low blood sugar (Stage 3) after treatment given.

**Weekdays 8:30 – 4:30 pm (stat days excepted)**
- Call the Nurses first – numbers below or by pager (Call 306-655-1000 and ask for Diabetes Nurse at pager extension #10287.)

**Weekdays after 4:30 pm and Weekends**
- Ask for Pediatric Endocrinologist On-Call – 306-655-1000 (Royal University Hospital switchboard)

### Non-urgent situations

**Reasons to call:**
- Questions about adjusting insulin for patterns of low or high blood sugars – please review blood sugars records prior to calling and have an idea on what you should do next.
- New diagnosis and have completed calling the doctor after hospital discharge
- New situations – for example – activity, school, illness, travel, etc.

**When/How to Reach:**

Daytime – Mon - Fri 8:30 – 4 pm except stat days. Call or email a nurse below or call the main office number (appointment bookings number) and ask to speak to a nurse.

- **Nurses**
  - Melody – 306-655-2144 Email: melody.fornwald@saskatoonhealthregion.ca
  - Nola – 306-655-2147 Email: nola.kornder@saskatoonhealthregion.ca
  - Alex – Mon, Thurs, Fri – 306-655-1879 Email: alexandra.gotts@saskatoonhealthregion.ca

- **Dietitians**
  - Audrey – 306-655-2149 Email: audrey.hill@saskatoonhealthregion.ca
  - Julie – Mon, Tues, Wed – 306-655-2150 Email: julie.bunney@saskatoonhealthregion.ca
  - Heather – Thurs, Fri – 306-655-2150 Email: heather.hanson@saskatoonhealthregion.ca

- **Social Worker**
  - Tracy – 306-655-2462 Email: tracy.pytlowany@saskatoonhealthregion.ca